



Robert Snell

FACILITATOR AND EXECUTIVE COACH

Robert is a Chartered Institute of Personnel and Development qualified, Global Learning and Development Trainer, Consultant, competent Business Coach and a Motivational Speaker. Robert has previously worked for one of the UK's leading Mental Health Charities running workplace mental wellbeing courses and raising awareness. Robert works with executives, senior board members and management staff at all levels to help them measure and improve the positive wellbeing of themselves and their staff, to unleash their true potential and maximise their productivity. His global training experience has included Europe, the Middle East and Africa.

Robert allows individuals and organisations to flourish through building resilience levels and enabling them to successfully navigate uncertainty, challenge and change. He enables Managers to confidently approach difficult conversations, create positive behavioural change and lead their teams to high performance. With a true passion for the subject matter Robert draws on Neuroscience, Psychology and Behavioural Change Research.

Robert has provided consultancy to a wide spectrum of blue-chip companies and organisations, including the Housing Sector, Healthcare, Education, Charity, Media, Telecommunications, Marketing and Recruitment.

Primary expertise	Related experience	Qualifications
<ul style="list-style-type: none">• Leadership Development• Resilience & Wellbeing• Executive Coaching• Train the Trainer• Change Management• Managing Difficult Conversations• Conflict Resolution	<ul style="list-style-type: none">• Team Development• Emotional Intelligence Assessments• Behavioural Profiling• Workplace Mindfulness• Cognitive Behavioural Techniques for Presentation Skills	<ul style="list-style-type: none">• Chartered Institute of Personnel & Development Certified Trainer• Accelerated Learning Certification• 2:1 BA Hons Degree